



## News

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### EssentialMom News

#### Westchester Wishes 2009

Check out Westchester Wishes...our little corner of giving this Holiday Season. If you're looking for a project for the family or a way to give back to your community this year, check out the wonderful ways these local non-profits are helping people throughout our county.

[Visit Westchester Wishes >>](#)

### News@Essentialmom.com

**Mount Kisco Child Care Center Benefits from The Culinary Institute of America**, Culinary college works with non-profit to help raise awareness of slow food. Mount Kisco Child Care Center (MKCCC) has received a donation from the Chefs Sustaining Agriculture and Chefs for Community Service student organizations of The Culinary Institute of America (CIA) in Hyde Park, NY. The check for more than \$400 was presented to Dottie Jordan, executive director of MKCCC, and Mimi Edelman, MKCCC's resident farmer, by Xavier Herrera, ninth term senior at the CIA. Earlier this year, Edelman recruited CIA student chefs to participate in MKCCC's Feed Me Fresh sustainable food program, whereby groups of chefs and MKCCC children cooked together using locally grown jewel berries. They prepared treats that included herbal tea, salsa, jewel berry salad with jewel berry dressing and jewel berry Lindsay cookies. Herrera was one of the student chefs and felt strongly about the positive influences of the Feed Me Fresh program. He raised funds for MKCCC through a screening of Food Fight, a film that explores the recent history of American food culture and agricultural policies and the development of the organic food movement. The donated funds will help to purchase cooking utensils and equipment for the Feed Me Fresh weekly cooking and nutrition classes. Mount Kisco Child Care Center is located at 95 Radio Circle, Mount Kisco, NY. For additional information about Mount Kisco Child Care Center, visit [www.mkccc.org](http://www.mkccc.org) or call 914.241.2135.

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